EXERCISE 28

Identify the emotions expressed by these non-verbal communication signs and describe actions you could take when your **co-worker** communicates in this way.

|  |  |  |
| --- | --- | --- |
| NON-VERBAL COMMUNICATION | EMOTIONS BEING EXPRESSED | YOUR ACTIONS AS A CO-WORKER |
| Clenched jaw, intense eye contact,  clenched fists, breathing heavily. |  |  |
| Crossed arms, tapping foot. |  |  |
| Head tilted to the side, hands in pockets. |  |  |
| Arms crossed; legs crossed. |  |  |